

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Polk County**

	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	22.8	18.8	16.9
No Health Coverage	21.7 H	17.4H	12.3
B ehavioral Risk Factors			
Physical Inactivity	26.6	24.3	23.0
Current Smoker	22.9	26.8	26.5
Overweight (BMI 25-29.9)	36.2	35.6	35.3
Obese (BMI ≥ 30)	28.5	23.4	23.4
D isease and Conditions			
High Blood Pressure	30.0	27.9	28.5
High Cholesterol (35 years or older)	44.5	37.2	37.3
Asthma	9.9	11.6	10.7
Diabetes	11.7	6.4	7.2
Activity Limitation	17.1	18.0	17.8
C ancer Screening			
Women			
Never had a Mammogram	9.2	17.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	57.6	52.3	49.4
50-64 years of age	47.1	43.3	35.9
65 and older	59.5	51.3	47.4
Never had a Pap Test:			
18-69 years of age	6.2	4.5	5.1
70 and older	8.4	8.6	6.4
No Pap Test in Last Year (18-29)	46.3	28.1	25.8
No Pap Test in Last 3 Years (30-69)	5.6	13.8	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	59.2	51.4	57.0
No Blood Stool Test in Last Year	80.6	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	63.9 H	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	70.7 H	63.3 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

■ H indicates that the prevalence rate is significantly above the state prevalence

■ L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Polk county were obtained by combining data from Polk and Dallas counties.